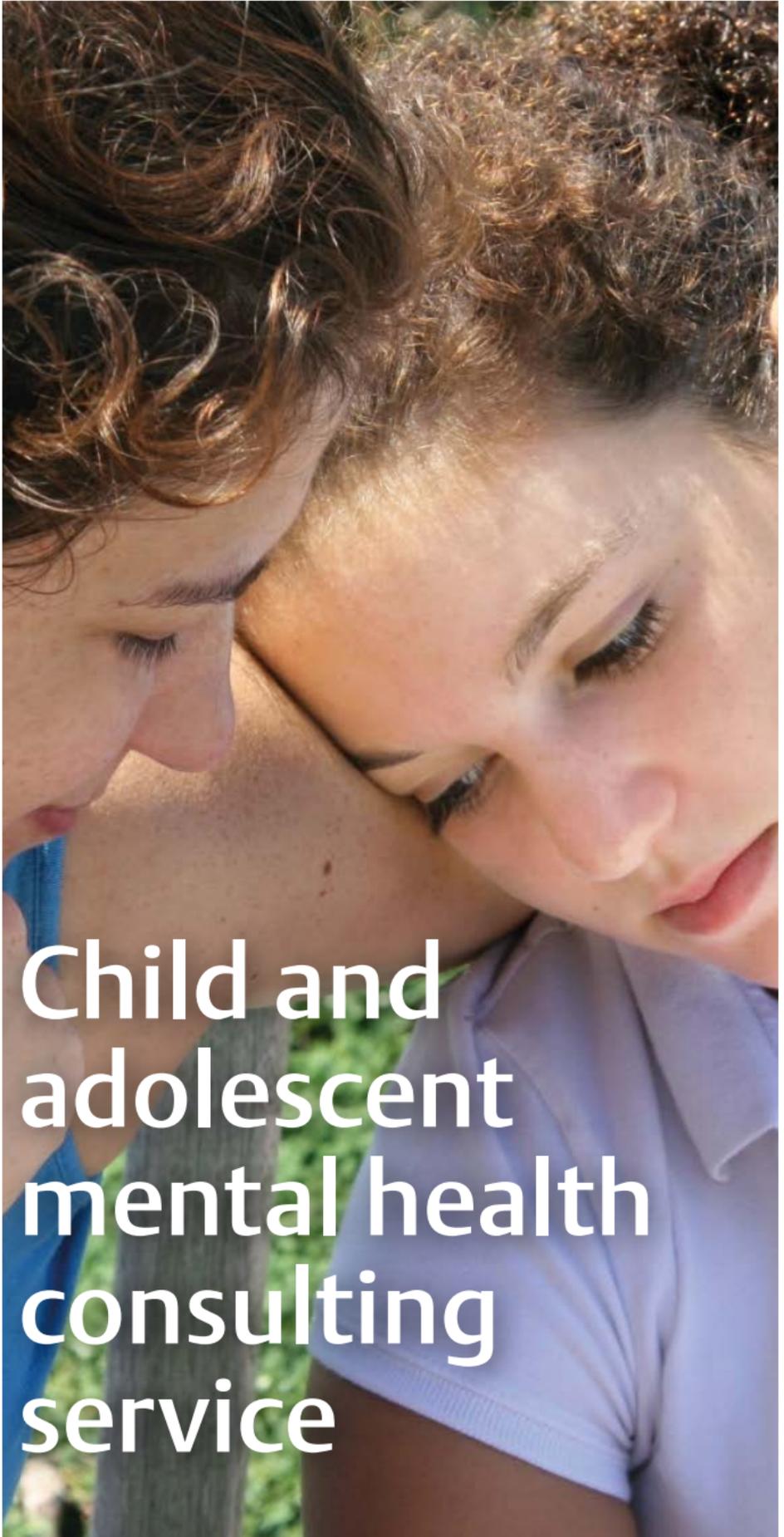


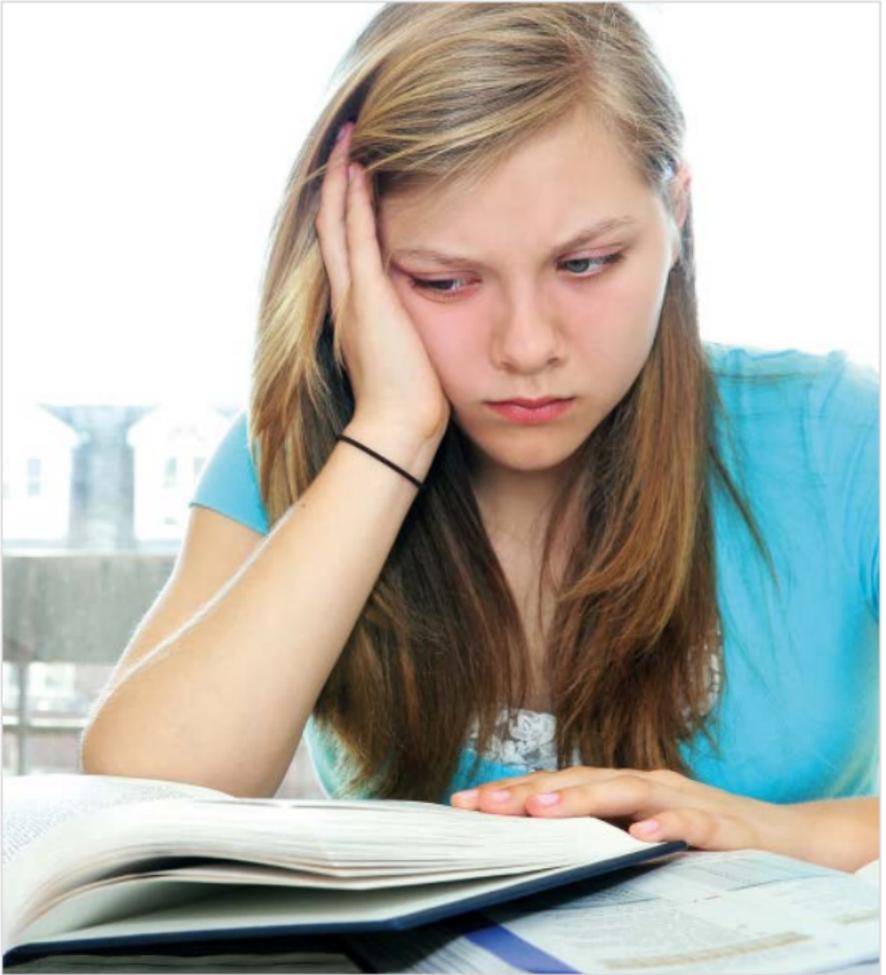
Child and adolescent mental health consulting service



# Child and adolescent mental health consulting service

## Child and adolescent mental health consulting service

It is usually parents or teachers who first notice that 'something is wrong'. The signs that seem to indicate that a child or young person may have psychological problems can vary enormously.



## Child and adolescent mental health consulting service

Max keeps disturbing class as if driven by an inner force and is behaving more and more aggressively in other situations as well.

Liane hardly eats because she is afraid of getting too fat, but even her best friends say that she is as thin as a rake!

Dimitri always seems so sad and is becoming more and more withdrawn. He has even said that he no longer wants to live!

Johanna often talks about her fears and worries but no one really knows why. Everything seems fine with her, doesn't it?



## Child and adolescent mental health consulting service



What do parents, teachers or friends make of such behaviour? What can they do? The Gesundheitsamt der Stadt Köln aims to provide them with help and support in such situations.

### **What do we offer?**

The Gesundheitsamt der Stadt Köln provides comprehensive information on the fields of psychotherapy and psychiatry for children and adolescents for parents, teachers, social workers and children and young people themselves.

We work together with you to examine the individual situation and/or problems of the child or young person you are concerned about and can also help you to find the right support and assistance for your situation on request.

## **Child and adolescent mental health consulting service**

We are an interdisciplinary team of counsellors for child and adolescent psychiatry, supervised by a specialist psychiatrist.

To arrange an appointment, please contact us by telephone or email. We will discuss with you the best place to meet, for example at the Gesundheitsamt, your child's school, your home or somewhere else.

**Our services are free of charge!**

**All information that you disclose to the Gesundheitsamt will be treated as strictly confidential.**

## Contact / Imprint

Cologne health office (Gesundheitsamt)  
KJP-Beratungsstelle  
Neumarkt 15 – 21  
50667 Cologne

Tel.: 0221 / 221-24705  
Fax: 0221 / 221-6569689  
[kjp-beratungsstelle@stadt-koeln.de](mailto:kjp-beratungsstelle@stadt-koeln.de)

Field offices:  
Bürgeramt Mülheim  
Wiener Platz 2a, Room 429  
51065 Cologne

Bürgeramt Kalk  
Kalker Hauptstr. 247 – 273, Room 224  
51103 Cologne



**City of Cologne**



### The Mayor

Gesundheitsamt  
Amt für Presse- und Öffentlichkeitsarbeit

Design  
rheinsatz, Köln

Print  
Pieper, Köln